

Angels & Intuition

By Paula Robbins

If there is anything I have learned over these many years of working with the Inner mind and Spirit, it is that we all have intuition, and we all have Angels or Guides that are with us. As I work with individuals and teach workshops, it is always interesting to share about how all of this comes through as they have known it for years, or to hear the ongoing nature of it's evolution for those that are just becoming aware of this aspect of themselves.

First, about intuition... There are six forms of intuition. The first four listed below are the ways that most can relate to in their own experience.

1/ Claircognizance: This is the gift of knowing. "I don't know how I know stuff, I just know..."

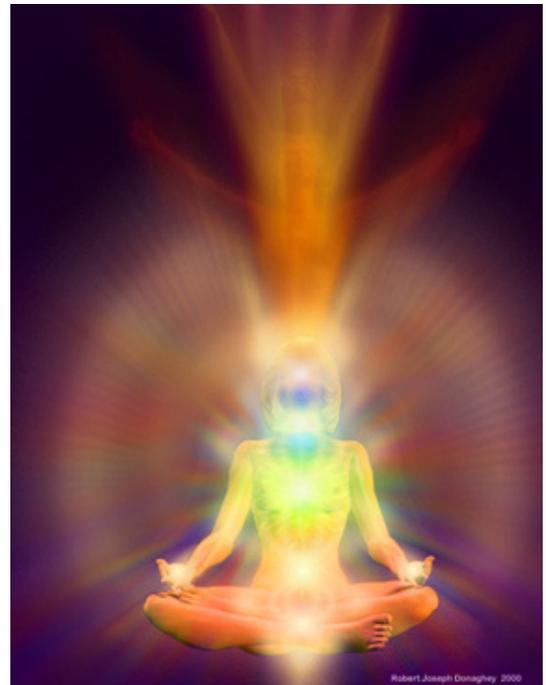
2/ Clairvoyance: The gift of sight. Think Deja Vu, visions in the inner mind in the form of symbols, images or even scenes of specific events, past present or future.

3/ Clairaudience: This is hearing within. Perhaps you have thoughts that come to you, but not in your own voice. Perhaps certain things happen that "speak" to you.

4/ Clairsentience: This is the most physical of the intuitive natures, and from my inquiry and awareness, the most common. It is the nature of feeling or sensing things. Clairsentient people can be uncomfortable in crowds because they "feel" too much. If you are energetically empathic, you are highly clairsentient.

5/ Clairalliance: The sense of smell. If you are sensitive to smell or very pleasantly impacted by aromatherapy, this may be a primary intuitive nature for you. Although, it is listed lower on the list, as people don't typically connect it as an intuitive gift, but more simply just one of the seven senses, it is still a highly effective form of intuition.

6/ Clairgustance: Another of the more uncommon forms of intuition is the sense of taste. Ever taste certain food and a specific memory comes very readily? Or perhaps vice versa, you have a memory of a certain event and you can actually taste the food you were eating...



Now, if you connect with any of the intuitive natures listed here, know that you also likely have a combination of them, but one is your primary intuitive nature. It is not limited to a single way to connect within. Additionally, the nature of your intuitive connection is also a way that you can connect with the divine realm. In many of the stories people share about their own experiences with spirituality or divinity, you will hear things like I “saw” or “heard” or “felt” something... All of which many consider to be the gifts of the divine realm given freely each of us.



Having invited the Divine Realm into the message here, let me say that there are many beliefs about Angels. The most common? They exist.

In the many forms of the healing arts that are available, Angels or Divine Beings, such as Spirit Guides, come in many forms and people are quite curious about them. These "Friends" are often very helpful with the healing process. They can transform energy, help one to see a Higher Purpose for the circumstances in which they are healing from, and they bring a beautiful light, joy and love that is often quite magnificent in it's manner.

Knowing one's intuitive nature or practicing at becoming more aware of how the Divine

Realm connects with someone personally, will allow for more clarity of the messages that are coming.

How do they appear?

As explained above, one's intuitive nature will determine the experience of the Angels or Guides to each individual. In healing work, one is often very relaxed and and tuned in to their Inner World, their Higher Self, or the Greater Oneness. Some will clearly see these energies/entities, others will feel a sense of peace and just know a Divine Presence is there, while others may hear inner messages or guidance. Many have the experience of a combination of their senses (seeing, hearing, feeling) when Angels or Guides are present. Regardless of the way one is connecting with this Divinity, the effects are equally as powerful.